



California Department of Public Health Influenza Surveillance Program

California Influenza and Other Respiratory Disease Surveillance for Week 46 (November 9 to November 15, 2014)

Note: This report includes data from many sources of influenza surveillance and it should be viewed as a preliminary "snapshot" of influenza activity for each surveillance week. Because data are preliminary, the information may be updated in later reports as additional data are received. These data should not be considered population-based or representative of all California public health jurisdictions.

Overall influenza activity in California was "sporadic*" during Week 46.

Influenza Report Highlights

- Influenza activity in California continues to be low and within expected activity levels
- Outpatient influenza-like illness (ILI)
 - 2.6% of patient visits during Week 46 were for ILI, which represents a slight increase from Week 45 (2.3%)
- Hospitalization data
 - 4.5% of Kaiser patients hospitalized during Week 46 were admitted with a pneumonia and/or influenza (P&I) diagnosis, which is higher than Week 45 (3.9%); the percentage of P&I admissions is within expected levels for this time of year
- Influenza virus detections by Respiratory Laboratory Network and Sentinel Laboratories
 - 24 (2.4%) of 993 specimens tested were positive for influenza during Week 46, which is similar to Week 45 (2.5%)
- Influenza-associated deaths among patients 0–64 years of age
 - o No laboratory-confirmed influenza deaths were reported during Week 46
- Influenza-associated outbreaks
 - o No laboratory-confirmed influenza outbreaks were reported during Week 46

A. Outpatient and Inpatient Data

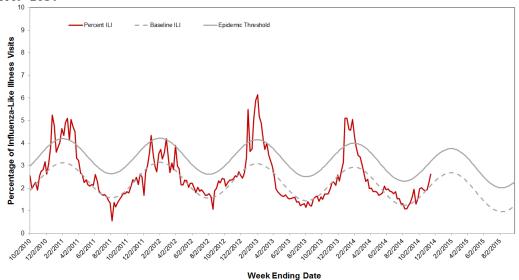
1. Influenza Sentinel Providers

Sentinel providers (physicians, nurse practitioners, and physician assistants) situated throughout California report on a weekly basis the number of patients seen with influenza-like illness (ILI) and the total number of patients seen for any reason. ILI is defined as any illness with fever ($\geq 100^{\circ}$ F or 37.8°C) AND cough and/or sore throat (in the absence of a known cause other than influenza).

A total of 87 enrolled sentinel providers have reported data for Week 46. Based on available data, the percentage of visits for ILI in Week 46 (2.6%) was within expected baseline levels for this time of year (Figure 1).

^{*}For the Centers for Disease Control and Prevention (CDC) definitions of influenza geographic distribution, please go to http://www.cdc.gov/flu/weekly/overview.htm.

Figure 1. Percentage of Influenza-like Illness Visits Among Patients Seen by California Sentinel Providers, 2009–2014



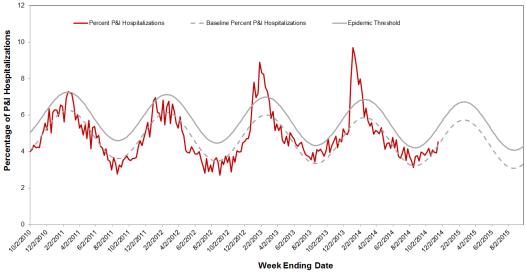
The seasonal baseline was calculated using a regression model applied to data from the previous eight years. The epidemic threshold is two standard deviation above the seasonal baseline and is the point at which the observed percentage of ILI is significantly higher than would be expected at that time of the year.

2. Kaiser Permanente Hospitalization Data

Inpatients at Kaiser Permanente facilities with an admission diagnosis including the keywords "flu," "influenza," "pneumonia," or variants of the keywords are defined as pneumonia and influenza (P&I)-related admissions. The number of P&I admissions is divided by the total number of hospital admissions occurring in the same time period to estimate the percentage of P&I admissions. Admissions for pregnancy, labor and delivery, birth, and outpatient procedures are excluded from the denominator.

The percentage of hospitalizations for pneumonia and influenza (P&I) in Kaiser Permanente facilities in northern and southern California during Week 46 was 4.5% compared to Week 45 (3.9%) and is within expected baseline levels for this time of the year (Figure 2).

Figure 2. Percentage of P&I Hospitalizations in Kaiser Permanente Northern and Southern California Hospitals, 2009–2014



The seasonal baseline was calculated using a regression model applied to data from the previous six years. The epidemic threshold is two standard deviations above the seasonal baseline and is the point at which the observed percentage of pneumonia and influenza hospitalizations in Kaiser Permanente hospitals in northern California is significantly higher than would be expected at that time of the year.

3. Influenza-Associated Hospitalizations, California Emerging Infections Program

The California Emerging Infections Program (CEIP), Influenza Surveillance Network (FluSurv-NET) conducts population-based surveillance for laboratory-confirmed influenza-associated hospitalizations among patients of all ages in Alameda, Contra Costa, and San Francisco counties.

CEIP has received eleven reports of laboratory-confirmed influenza-associated hospitalizations through week 45. The incidence of influenza-associated hospitalizations per 100,000 population rose slightly in Week 45 (0.06) compared to Week 44 (0.03) (Figure 3). Data for Week 46 is not presented because results are still being collected and are likely to change.

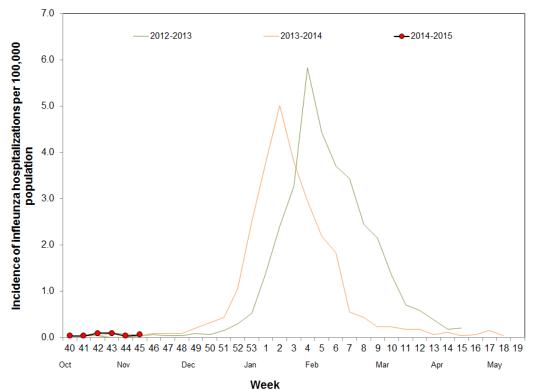


Figure 3. Incidence of Influenza Hospitalizations in CEIP Counties, 2011–2014

Note: The 2014-15 season contains a week 53. Prior years' data have been shifted so that week 1 aligns across years.

B. Laboratory Update - Influenza

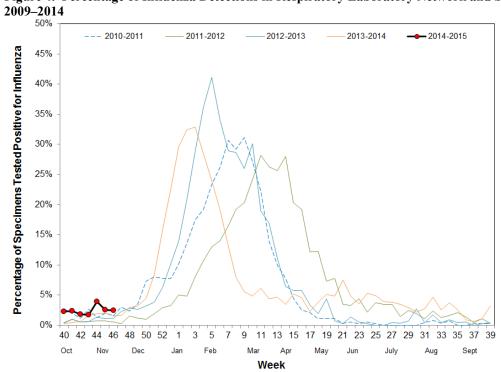
1. Respiratory Laboratory Network (RLN) and Sentinel Laboratory Surveillance Results

Laboratory surveillance for influenza and other respiratory viruses involves the use of data from hospital, academic, private and public health laboratories located throughout California. These laboratories report the number of laboratory-confirmed influenza and other respiratory virus detections and isolations on a weekly basis.

The percentage of influenza detections in the RLN and sentinel laboratories in Week 46 was 2.4%, which was similar to Week 45 (2.5%) (Figure 4). Additional details can be found in Figure 5 and Table 1.

Neither the RLN nor CDPH-VRDL have identified any influenza viruses by polymerase chain reaction (PCR) typing or subtyping that are suggestive of a novel influenza virus.

Figure 4. Percentage of Influenza Detections in Respiratory Laboratory Network and Sentinel Laboratories, 2009, 2014



Note: The 2014–15 season contains a week 53. Prior years' data have been shifted so that week 1 aligns across years.

Figure 5. Number of Influenza Detections by Type and Subtype Detected in Respiratory Laboratory Network and Sentinel Laboratories, 2014–2015

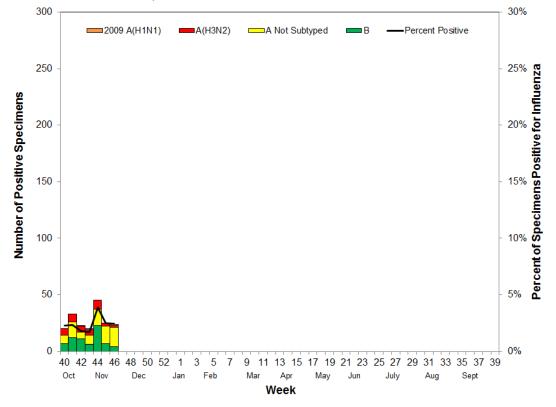


Table 1. Respiratory Specimens Testing Positive for Influenza by Influenza Type and Subtype — Respiratory Laboratory Network and Sentinel Laboratories, Current Week and Season to Date

	Wee	Week 46		Season to Date	
	Number	Percent	Number	Percent	
Number of Specimens Tested	993		7894		
Number of Specimens Positive for Influenza	24	2.4*	190	2.4*	
Influenza Type/Subtype of Positive Specimens					
A	20	83.3 [†]	120	63.2 [†]	
2009 A (H1)	1	5.0 [‡]	3	2.5^{\ddagger}	
A (H3)	2	10.0^{\ddagger}	36	30.0^{\ddagger}	
A, not subtyped	17	85.0 [‡]	81	67.5 [‡]	
В	4	16.7 [†]	70	36.8 [†]	

^{*} Percent of total specimens tested for influenza

2. Antiviral Resistance Testing

The CDPH-VRDL has not tested any influenza specimens for antiviral resistance to date during the 2014–2015 influenza season.

3. Influenza Virus Strain Characterization

No California specimens have been strain-typed to date during the 2014–2015 influenza season.

C. Laboratory-Confirmed Severe Influenza Case Reports

Currently, as mandated under Section 2500 of the California Code of Regulations, deaths among patients aged 0–64 years with laboratory-confirmed influenza are reportable to CDPH. The weekly influenza report includes confirmed deaths formally reported to CDPH as of November 15, 2014 (Week 46).

To date, CDPH has received no reports of laboratory-confirmed influenza-associated deaths among patients <65 years of age during the 2014–2015 influenza season.

D. Influenza-Associated Outbreaks

To date, no laboratory-confirmed influenza outbreaks have been reported to CDPH for the 2014–2015 season.

E. California Border Region Influenza Surveillance Network Data

The border influenza surveillance network is comprised of outpatient provider sentinel sites whose geographical coverage extends approximately 100 kilometers (60 miles) north of the California-Baja California border and includes Imperial and San Diego Counties, as well as some parts of Riverside County.

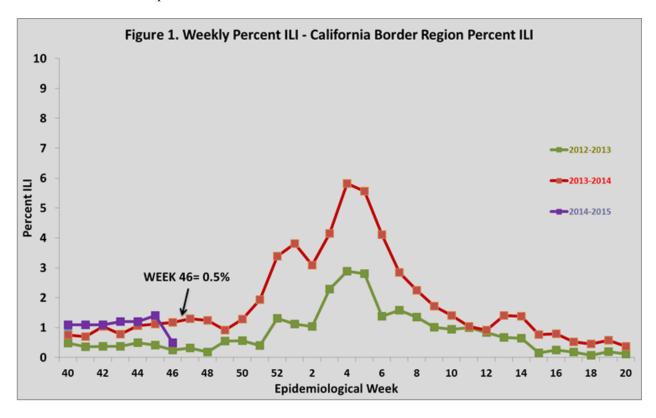
1. Syndromic Surveillance Update

A total of 6 border region sentinel providers reported data during Week 46, compared to 12 during Week 45 of 2014. The total number of patients screened by all sentinel sites for ILI during Week 45 was 1,018. Outpatient ILI activity decreased by 0.9% from Week 45 (1.4% ILI) to Week 46 (0.5% ILI). ILI activity

[†] Percent of specimens positive for influenza

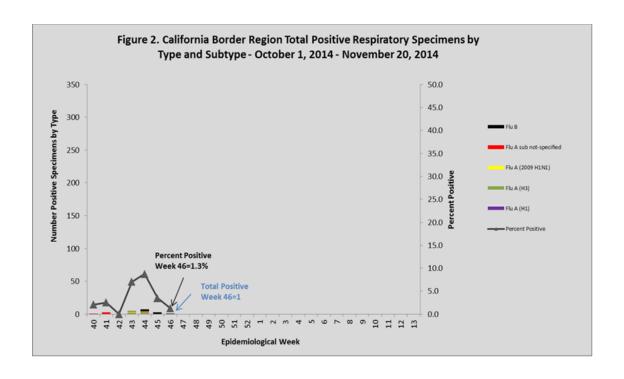
[‡] Percent of influenza A positives

for the California border region was higher for Week 46 when compared to activity for the same week during the 2012–2013, but lower when compared to the same week during the 2013–2014 influenza season (Figure 1). All influenza syndromic data summarized for the border region represents a subset of CDC influenza sentinel providers in California.



2. Virologic Surveillance Update

Cumulatively this season, a total of 538 respiratory specimens have been tested from border region clinics; of these, 20 (3.7%) tested positive for influenza. Of the 20 specimens that have tested positive, 13 (65.0%) were influenza A and 7 (35.0%) were influenza B. Of the 13 specimens that tested positive for influenza A, 7 (53.8%) were A (H3), 1 (7.7%) was 2009 A (H1), and 5 (38.5%) had no further subtyping performed. For Week 46, a total of 77 respiratory specimens were submitted for testing; 1 (1.3%) was positive for influenza virus. Of the positive specimens, 1 (100%) was influenza B. Laboratory data summarized in Figure 2 includes data from influenza sentinel sites as well as laboratory data from other border region laboratories.



F. Laboratory Update - Other Respiratory Viruses

During Week 46, there were 784 specimens tested for RSV and 33 (4.2%) were positive, which represents an increase compared to Week 45 (2.2%) (Figure 6). Information on other respiratory viruses can be found in Figure 7.

Figure 6. Percentage of RSV Detections in Respiratory Laboratory Network and Sentinel Laboratories, 2009-2014

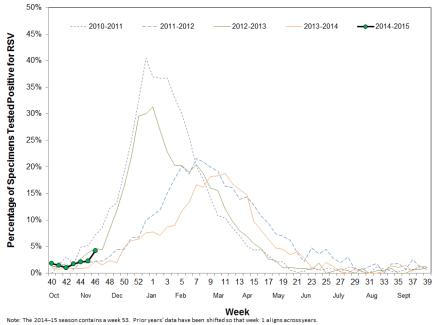
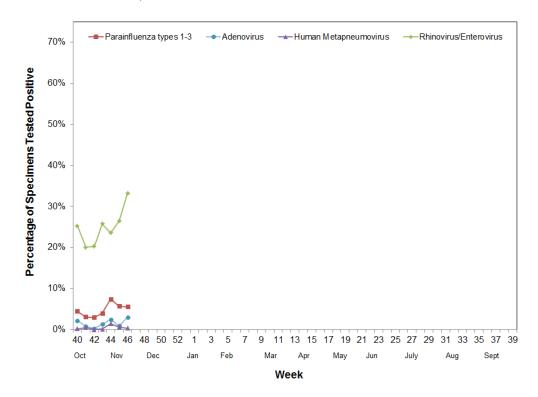


Figure 7. Percentage of Other Respiratory Pathogen Detections in Respiratory Laboratory Network and Sentinel Laboratories, 2014–2015



For questions regarding influenza surveillance and reporting in California, please email InfluenzaSurveillance@cdph.ca.gov. This account is monitored daily by several epidemiologists.

For more information regarding the different influenza surveillance data sources, please visit the CDPH Influenza Surveillance Program at http://www.cdph.ca.gov/programs/dcdc/Pages/CaliforniaInfluenzaSurveillanceProject.aspx.

To obtain additional information regarding influenza, please visit the CDPH influenza website at http://www.cdph.ca.gov/HealthInfo/discond/Pages/Influenza(Flu).aspx.

A copy of the case report form for reporting any laboratory-confirmed influenza case that was either admitted to the ICU or died can be downloaded from http://www.cdph.ca.gov/HealthInfo/discond/Pages/Influenza(Flu).aspx.